

# MOLES SEEDS

## Endive

Cultural Leaflet: ZZ561

Endive is similar to lettuce but with a more bitter taste, which can be reduced by blanching. There are two types of endive: The frisee types have curled, often deeply dissected leaves, while scarole types have broader leaves. Curled varieties are used for summer cropping; broad-leaved types are more robust and useful for winter cropping. They are cool temperature crops as they can become bitter in higher temperatures.

Moles Seeds offers a wide range of endive varieties for programmed cropping.

### Propagation and Growing-on

Sow direct from February onwards under protection, or from April onwards outdoors. Use pelleted seed for accuracy - these are also useful when sowing first into modules (cell trays) rather than sowing direct.

Sowing to cropping time is around 12 weeks. Add two weeks for blanched crops. Blanch at around 12 weeks by either tying leaves together or covering with a bucket or other material to exclude light. Takes 10-14 days.

### Pest and Disease

Endive can be affected by the following:

- Slugs and snails
- Aphids

Other issues, such as tip-burn, bolting and yellowing caused by low temperatures, can all be minimised by careful variety selection.

*Information provided for guidance only, as cultural practices and climatic circumstances vary.*

(01/16)

